



A warm hello to AICR friends across the globe.

Considering that we are all in an industry that thrives from interaction and human contact it is perhaps unsurprising that we all feel a little adrift during these uncertain times. There has never been a more testing time for hospitality globally, we've seen National Amicales pulling each other through this and been inspired to continue on the positive path each section has set out.



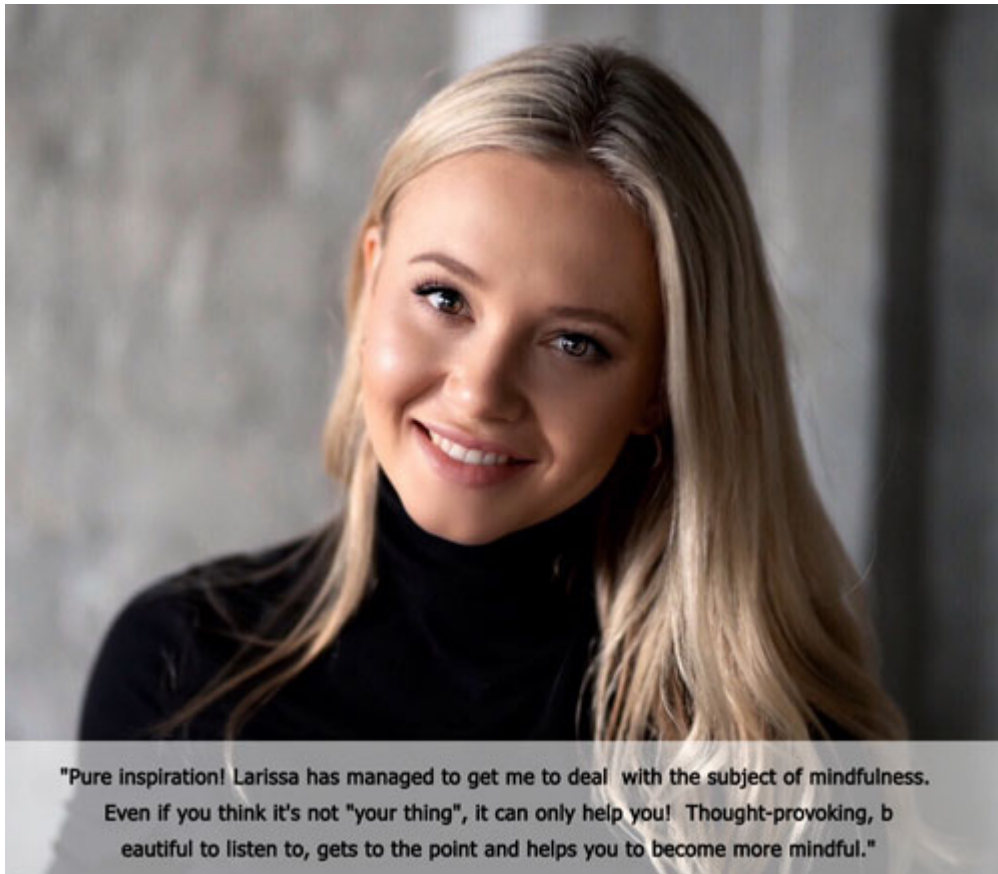
The International committee is delighted to invite you to the very first International e-gathering on zoom which is sponsored by our fantastic friends at GoldKey Media.

We will have the pleasure to see Larissa Weiß, the founder of Generation MIND presenting a 60-minute interactive session on Mindful Leadership.

This E-event will be on Tuesday the 5th of May 2020 at the following time depending on your location:

- CEST: 11am
- UK: 10am
- UAE: 1pm
- Singapore: 5pm
- New Zealand: 9pm
- AEST: 7pm
- Qatar: 12pm

We estimate the gathering to take 2 hours in total. It is essential that you RSVP by emailing [duncancouper@aicrinternational.org](mailto:duncancouper@aicrinternational.org) you will then receive a confirmation of booking and zoom link for the meeting.



At the end of Larissa's presentation, we will have a small surprise for you and in return require your cameras to be enabled. Feel free to dress up for the occasion since you may be recorded. We promise a heart-warming couple of hours with friends and look forward to seeing you online!

Always here for you in amicalment,

Your International Committee

#### ABOUT THE AICR

The AICR (Amicale Internationale des Sous Directeurs et Chefs de Réception des Grand Hôtels) was founded in 1964 on the Côte d'Azur in France by the Chefs de Réception of several famous Grand Hotels.

Over the past more than 50 years has developed into an international organisation represented in 15 countries and continuing to grow.

#### CONTACT INFO

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